

# Jasmine Mian



Jasmine Mian came to wrestling as a high school athlete who had been a track and cross-country runner. She took to the sport quickly and never looked back.

At Brock University, she won the CIS national title in 2011 and earned bronze medals at the World University Championships in both 2010 and 2012. After completing her undergraduate degree, she made a deliberate move to Calgary to train at the national centre in pursuit of an Olympic berth.

In 2014, she won her first senior national title, made her senior World Championship debut, took gold at the World University Championships, and earned bronze at the Commonwealth Games in Glasgow. In 2015, she moved to the 55 kg weight class and posted a top 10 finish at the World Championships. She capped her career by competing at the 2016 Rio Olympics, finishing 12th.

## Key Accomplishments

- 2016 Rio Olympics — 12th place
- 2014 Commonwealth Games — Bronze
- 2014 World University Championships — Gold
- 2014 Senior National Championship — 1st
- 2012 World University Championships — Bronze
- 2011 CIS National Championship — 1st
- 2010 World University Championships — Bronze